

# 2008 NPC Empire Classic Bodybuilding & Fitness Championships

Saturday April 26<sup>th</sup>, 2008 - Northern Quest Casino  
N. 100 Hayford Road Airway Heights, WA 99001  
Prejudging 10:00 A.M. - Finals 6:00 PM

---

**NORTHERN QUEST CASINO:** Located on Hayford road, approximately 2 miles from Spokane International Airport. From I-90 take exit 272 (Medical Lake). From the west - turn left at stop sign (from the east you'll turn right) then turn right onto Geiger and left again on Hayford Rd. Northern Quest Casino is approximately 3 miles from I-90 on Hayford Rd.

**CHECK IN/WEIGH IN:** Saturday April 26<sup>th</sup>, 8:00 – 9:00 A.M. at Northern Quest Casino

**QUALIFICATIONS:** All competitors must be NPC registered athletes. (Can register at the show – NPC Registration is \$80) Juniors, masters men and masters women must qualify by age on the date of the show, April 26<sup>th</sup>, 2008. Driver's license copy or other valid ID must accompany entry forms for these classes.

**ENTRY FEE:** \$50.00 per contest. There is no additional fee for Mixed Pairs if entered in another division. Contestants may enter only one contest (with the exception of Mixed Pairs and Figure/Fitness). Cashiers check or money order only please, made payable to **Millennium Fitness Productions**. Entry fees are non-refundable.

**DEADLINE: April 19<sup>th</sup>. Late entries are \$75**

**AWARDS:** Niels Andersen awards will be given for the top five places in each class as well as the Figure Overall winner. Swords will be awarded to the overall winners in Men's and Women's open bodybuilding. Awards will be presented for Men's and Women's best posing routine.

**GUIDELINES:** All competitors will follow NPC rules, guidelines and mandatory poses. (No thong suits) For details on NPC guidelines go to [www.npcnewsonline.com](http://www.npcnewsonline.com).

**MUSIC: NO PROFANITY!** Any profanity will result in disqualification. **CDs only.** They must be blank, except for the one piece of music being used (single track). Please include your name on the CD.

**Maximum length for music is 60 seconds for bodybuilding and 2 minutes for fitness.**

**WOMEN'S FITNESS:** Fitness round, two-piece swimsuit, one-piece swimsuit. Scores are 33.3% for each round. For more details please visit [www.npcnewsonline.com](http://www.npcnewsonline.com).

**WOMEN'S FIGURE CHAMPIONSHIPS:** 4 classes (see below). Please include your height on the entry form. PLEASE NOTE: Class heights may be changed the day of the show depending on class sizes. Figure includes two-piece swimsuit, one-piece swimsuit and no fitness round. (Score is 50% for each round)

**PREJUDGING: 10:00 A.M** at Northern Quest Casino. In order: Fitness Routines, Figure (two-piece), Junior Men, Masters Women, Masters Men, Fitness (two-piece), Figure (one-piece), Open Women (Light, Heavy), Fitness (one-piece), Mixed Pairs, Open Men (Light, Middle, Lt-Heavy, Heavy).

Prejudging Tickets - **\$15.00, cash only** (available at the door).

**FINALS: 6:00 p.m.** Same order as prejudging, with the exception of Figure (check program). Score sheets will be available for competitors after each class is completed, at the finals.

**TICKETS: \$35 and \$25.00.** Tickets are available at Spokane GNC locations and at the at the Northern Quest Casino box office. By phone call **Tickets West (1-800-325-SEAT)** or purchase online at [www.ticketwest.com](http://www.ticketwest.com). Please see attached entry form to purchase tickets for finals directly from Millennium Fitness.

**\*\*\*Anyone who is not competing MUST buy a ticket to attend prejudging or finals.\*\*\*  
\*\*\* No exceptions will be made\*\*\***

**HOTEL: Hilton Garden Inn - (509) 244-5866** 9015 W. Highway 2, Spokane, Washington 99224

\*Located about 3 minutes from the Spokane airport and 5 minutes from the Northern Quest Casino.\*

**You must mention Empire Classic when booking to receive a special rate of \$94.00 per night.**

# 2008 NPC Empire Classic Bodybuilding & Fitness Championships

*"Please Print Legibly"*

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP \_\_\_\_\_

Phone: (      ) \_\_\_\_\_ Occupation: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Titles and/or Hobbies: \_\_\_\_\_

Team or gym represented: \_\_\_\_\_

In consideration of accepting this entry, I, hereby intending to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against the National Physique Committee (NPC) of the USA Inc., Millennium Fitness Productions, Northern Quest Casino, their agents, representatives and sponsors, for any and all injuries suffered in connection with the Empire Classic Bodybuilding Championships and in traveling to and from them. Further, I agree to hold harmless and waive and release all photo rights for media (TV, magazines, newspapers and advertising) to Millennium Fitness Productions for the purpose of promoting bodybuilding and fitness through the sale of video and photos and any network, cable or local TV airing. I also understand that if time dictates, only the top five in each class will pose at the night show.

Contestant's Signature: \_\_\_\_\_

Guardian's Signature (if under 18): \_\_\_\_\_

**Please check competition entered:**

<i>Bodybuilding - Open Men</i>	<i>Bodybuilding - Open Women</i>	<i>Masters Bodybuilding</i>
<input type="checkbox"/> <b>Light Wt.</b> 154 ¼ & under	<input type="checkbox"/> <b>Light Wt.</b> 125 & under	<input type="checkbox"/> <b>Men</b> 40 – 49
<input type="checkbox"/> <b>Middle Wt.</b> 154 ¼—176 ¼	<input type="checkbox"/> <b>Heavy Wt.</b> Over 125	<input type="checkbox"/> <b>Men</b> 50 & over
<input type="checkbox"/> <b>Light Hvy Wt.</b> 176 ¼—198 ¼	<input type="checkbox"/> <b>Mixed Pairs</b> Partner: _____	<input type="checkbox"/> <b>Women</b> 35 & over
<input type="checkbox"/> <b>Heavy Wt.</b> Over 198 ¼		<input type="checkbox"/> <b>Junior Men</b> 20 & under
		<input type="checkbox"/> <b>Fitness</b> 3 rounds

	<i>Figure Division</i>	<i>Height</i>
<input type="checkbox"/>	<b>A</b> Under 5'4"	_____
<input type="checkbox"/>	<b>B</b> 5'4" – 5'7"	_____
<input type="checkbox"/>	<b>C</b> Over 5'7"	_____
<input type="checkbox"/>	<b>Masters</b> 35 and over	_____

**Evening Show Tickets**

Indicate the quantity requested and total ticket price. Tickets ordered will be the closest seats available in the order they are requested.

**\$35 X Quantity** \_\_\_\_\_

**\$25 X Quantity** \_\_\_\_\_

**Total: \$** \_\_\_\_\_

Please include payment with entry fee.

**T-shirt size (Check One)**    Small \_\_\_\_\_    Medium \_\_\_\_\_    Large \_\_\_\_\_    XL \_\_\_\_\_    XXL \_\_\_\_\_

*Mail entry form and payments to:*  
**Millennium Fitness Productions**  
**2525 E. 29<sup>th</sup> 10-B #223**  
**Spokane, WA 99223**

Entry forms must be received by April 19<sup>th</sup>  
[www.empireclassic.net](http://www.empireclassic.net)  
[ivanribic@hotmail.com](mailto:ivanribic@hotmail.com)  
 509-990-3771