

2012 NPC Empire Classic Bodybuilding & Fitness

Saturday April 28th, 2012 - Northern Quest Resort & Casino

Important note to all competitors: Please add spokanebodybuilding@gmail.com to your email contacts or safe list and check your e-mail frequently as we approach the show. We will keep you posted with show updates, class changes and any other relevant info via e-mail. For complete information regarding posing, judging criteria, contest attire, etc. please visit the official NPC site at www.npcnewsonline.com or see the Competition Information page on the contest website.

VENUE: Northern Quest Resort & Casino 100 N. Hayford Road Airway Heights, WA 99001, Contest is held in the Pend Oreille Pavilion and is directly accessible via the Family Entrance on the north end of the resort, by the parking garage.

CHECK IN/WEIGH IN: Friday April 27th, 6:30pm– 7:30pm at Northern Quest Casino. Competitor meeting will be held Friday at 7:30pm in the pavilion.

QUALIFICATIONS: All competitors must be NPC registered athletes. NPC registration can be done at the show (NPC registration for 2012 is \$100). Juniors and Masters divisions must qualify by age on the date of the show.

ENTRY: Entry fee is \$75 per division. Multiple division entries are allowed (i.e. Masters & Open Classes). Crossover is allowed between figure, fitness and bodybuilding. **NOTE:** Bodybuilding competitors entering multiple divisions will perform their 60 second routine with the masters/junior class only (not with open class).

PAYMENT: Please make entry fee checks payable to **Ribic Productions**. Entry fees are non-refundable. Please note that day of show payments are cash only. No checks will be accepted for late entries.

DEADLINE: April 15th. Late entries are \$125, NO EXCEPTIONS! All entry fees are non-refundable.

AWARDS: Niels Andersen awards will be given for 1st-5th place each Bodybuilding & Figure class. Swords will be awarded to overall winners in Men's and Women's open bodybuilding. Awards will be presented for best posing routine. Bikini contest will receive tiaras for 1st-5th place in each class.

GUIDELINES: All competitors will follow NPC rules, guidelines and mandatory poses. Please visit the official NPC site at www.npcnewsonline.com for complete rules and details regarding your class.

MUSIC: (Bodybuilding & Fitness only) *NO PROFANITY!* Any profanity will result in disqualification.

CDs must be blank, except for the one piece of music being used (single track). Music may also be emailed to spokanebodybuilding@gmail.com prior to April 22nd with subject title **Music**. Maximum length for music is 60 seconds for bodybuilding classes and 2 minutes for the open Fitness division. Junior Fitness Round will be 90 seconds.

CUSTOM MUSIC: Ricardo Brown of HipHop Productions can help you with your **posing music editing!** Ricardo is on our production team and is familiar with the show formats. Contact him at (509) 481-0229 or sonikblak@yahoo.com.

WOMEN'S FITNESS: Fitness round accounts for 2/3 of final score & two-piece swimsuit round accounts for 1/3 of score.

JUNIOR FITNESS: Consists of Fitness round only, 90 second routine and no mandatory moves.

WOMEN'S FIGURE CHAMPIONSHIPS: 4 open classes & 2 masters classes (see below). Figure competition will be one round of judging, consisting of model turns, quarter turns and comparisons in a two-piece swimsuit.

NPC BIKINI CONTEST: NPC Bikini Contest will start after prejudging (approximately 11:00am) and admission will be included with prejudging tickets (\$20). Awards for the Bikini Contest will be presented immediately after the judging round and will not be included as part of the night show.

MEN'S PHYSIQUE: This new NPC division will be held in conjunction with the NPC Bikini contest immediately after prejudging. Competitors will wear board shorts. Shorts must be just above the knee in length and can be one inch below belly button, No spandex and **no logos** are permitted (with the exception of a manufacturer's logo such as Nike symbol).

PREJUDGING: 9:00am at Northern Quest Resort & Casino. Order of events will be available at check-in. NPC Bikini Contest and the new Men's Physique contest will follow immediately after prejudging (approximately noon).

FINALS: 6:00pm Event order will be listed in program. Score sheets will be available for competitors after awards presentations for each class.

TICKETS: Prejudging, Bikini & Men's Physique - \$20 general admission. Finals - \$35 Reserved seating.

Tickets are available at Airway Heights GNC, Northern Quest Resort & Casino box office and through TicketsWest outlets. To purchase online at go to www.spokanebodybuilding.com. See attached entry form to purchase tickets along with your entry. This *event will sell out* so we strongly recommend competitor's families buy tickets ahead of time.

*****Anyone who is not competing MUST have a ticket to attend prejudging or finals. NO exceptions!*****

CONTEST PHOTOS: Photography for the Empire Classic is provided by Mark Mason. www.markmasonmedia.com

VIDEO: No video cameras are allowed in the pavilion. Contest video is available exclusively through Mark Mason Media.

HOST HOTEL: North Quest Resort & Casino Hotel is offering a group rate of \$149 per night (+tax). Use booking ID **4274**

You must mention "Empire Classic" to get this special rate. Call 1-877-871-6772 to make reservations.

OFF SITE HOTEL: Hilton Garden Inn is offering a special group rate of \$99 per night. **(509) 244-5866**

Located 3 minutes from the venue at 9015 W. Highway 2, Spokane, Washington 99224

TANNING: Sunny Buns is the official contest tanner for the Empire Classic. They will be offering spray tanning at their salon prior to the show and at the venue. Call 509-533-6300 or visit www.sunnybuns.com for appointments.

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Please Print Legibly

Name: _____ Age: _____

Mailing Address: _____

City: _____ State: _____ ZIP _____

Phone: () _____ Occupation: _____

E-mail address: _____

Titles and/or Hobbies: _____

Team or gym represented: _____

In consideration of accepting this entry, I, hereby intending to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against the National Physique Committee (NPC) of the USA Inc., Ribic Productions, Northern Quest Resort & Casino, their agents, representatives and sponsors, for any and all injuries suffered in connection with the Empire Classic, and in traveling to and from them. Further, I agree to hold harmless and waive and release all photo rights for media (TV, magazines, newspapers and advertising) to Ribic Productions for the purpose of promoting bodybuilding, fitness figure, physique and bikini through the sale of video and photos and any network, cable or local TV airing.

Tickets & DVDs

Indicate the quantity requested and total ticket price. Tickets ordered will be the closest seats available in the order they are requested.

Please include payment with entry fee.

Prejudging - \$20 X Quantity _____

Night Show - \$35 X Quantity _____

Show DVD Set - \$50 _____

Total: \$ _____

Contestant's Signature: _____

Guardian's Signature (if under 18): _____

Bodybuilding - Open Men

____ Light Weight *Under 154 ¼*
____ Middle Weight *154 ¼ - 176 ¼*
____ Light Heavy *176 ¼ - 198 ¼*
____ Heavy Weight *198 ¼ - 225*
____ Super Heavy *Over 225*

Bodybuilding - Masters Men

____ Men 40 - 49
____ Men 50 - 59
____ Men 60 & Over

Bodybuilding

____ Junior Men *(20 and under)*
____ Wheelchair Division

____ Open Women Bodybuilding

____ Open Women Physique

Bodybuilding - Masters Women

____ Women 35-49
____ Women 50+
____ Mixed Pairs

Partner: _____

NPC Bikini Contest

____ "A" *5'4" & Under*
____ "B" *Over 5'4" to 5'6"*
____ "C" *Over 5'6"*
____ Masters Bikini *(35 & over)*

Figure

____ "A" *5'2" & Under*
____ "B" *Over 5'2" to 5'4"*
____ "C" *Over 5'4" to 5'6"*
____ "D" *Over 5'6"*

____ Masters "A" *35-39*
____ Masters "B" *40-49*
____ Masters "C" *40+*

Fitness

____ Fitness
____ Junior Fitness *(Ages 7-16)*

Men's Physique *NEW!*

____ "A" *5'8" & under*
____ "B" *Over 5'8"*

Mail entry form and payments to:
Ribic Productions
PO Box 30602
Spokane, WA 99223-3010

Entry forms must be received by April 15th
www.spokanebodybuilding.com
spokanebodybuilding@gmail.com
Phone Ivan at: 509-990-3771